

# Leading Health Organizations

## *Recommend Fragrance-Free Policies*

### ***The American Medical Association***

*"Our AMA recognizes that some environmental exposures may have the potential to substantially limit major life activities of an individual with fragrance sensitivity and related disorders. Our AMA encourages health care facilities, government agencies, and nonprofit organizations to adopt and promote fragrance-free policies that recommend individuals avoid or limit use of fragrances and support the use of fragrance-free products when feasible in consultation with relevant medical specialists when possible."*

### ***The American Lung Association***

*"Establish a Fragrance-free policy for Employees and Visitors. Fragrances can and do affect indoor air quality. They also represent potential health hazards for employees with allergies and chronic lung diseases. Fragrance-free policies usually include language such as: DO NOT wear perfumes, colognes, aftershave, scented lotions or scented hairspray while at work. This sample Fragrance-free Policy can help you get started. Additionally, strong-smelling cleaning products can actually be detrimental to your efforts to create a healthy indoor environment. This sample Letter to Building Management can encourage the use of fragrance-free cleaning products."*

